



Iceni Provisional Programme 2023						
Session	Event					
Day 1: Saturday 30th September 2023						
1	101	Girls	100BA		Warm up:	12:30
	102	Boys	100FR		Start:	13:30
	103	Girls	200FR		Finish:	15:45*
	104	Boys	200FL			
	105	Girls	50BR			
	106	Boys	50BR			
2	207	Boys	50FL		Warm up:	16:15
	208	Girls	50FL		Start:	17:15
	209	Boys	200BR		Finish:	19:15*
	210	Girls	200BA			
	211	Boys	100BA			
	212	Girls	100BR			
Day 2: Sunday 1st October 2023						
3	313	Boys	200IM		Warm up:	08:00
	314	Girls	200IM		Start:	08:30
					Finish:	09:30*
4	415	Boys	100BR		Warm up:	10:00
	416	Girls	100FL		Start:	11:00
	417	Boys	200BA		Finish:	13:15*
	418	Girls	200BR			
	419	Boys	50FR			
	420	Girls	50FR			
5	521	Girls	50BA		Warm up:	14:00
	522	Boys	50BA		Start:	15:00
	523	Girls	200FL		Finish:	17:00*
	524	Boys	200FR			
	525	Girls	100FR			
	526	Boys	100FL			

*Estimated times – subject to change