



**Dereham & District Amateur Swimming Club**  
[www.derehamotters.org.uk](http://www.derehamotters.org.uk)



**Iceni Level 3 Open Meet**  
**Saturday 30<sup>th</sup> September & Sunday 1<sup>st</sup> October**  
License Number **3ER230657**

**Location**

The pool is located at Dereham Leisure Centre on Station Road in Dereham, NR19 1DF. The pool is a six-lane 25m pool and the Meet will use AOE and Hytek Meet Manager.

The address for the Leisure Centre is Station Road, Dereham, NR19 1DF. Telephone 01362 693419.

Free car parking is available at the Leisure Centre (please ensure that disabled parking spaces are only used by holders of disabled badges). Be aware that car parking may be limited, particularly on Saturday, as the Centre is used by members of the public. Please note that Strikes Bowling Centre should not be used for parking but there is parking available behind Strikes (Flagship offices), avoiding the cordoned off area. Note that Morrisons operate a maximum parking time in their car park and this is strictly adhered to - don't risk it, as they enforce a hefty fine.

**Warm-up times**

**On Saturday, please do not arrive before 12:15pm** (as Dereham pool will not allow access prior to then).

Warm-up and start times are as follows. **Please note revised start times for Session 2 & 5**

Session	Warm up	Start
1	12.30 pm	1.30 pm
2	<b>4.15 pm</b>	<b>5.15 pm – revised start time</b>
3	8.00 am	8.30 am
4	10.00 am	11.00 am -
5	<b>2.00 pm</b>	<b>3.00 pm – revised start time</b>

Warm-up lanes and protocol will be advised prior to each warm-up and, whilst Lane Marshals will be on poolside, we would ask that Coaches supervise their own swimmers.

**On arrival at pool**

Swimmers' Entrance and Spectators' Entrance will be clearly marked - please ensure the correct entrance is used.

Entry per Session	£3.00	concessions for OAPs and Under 16
All day entry	£5.00	
All weekend programme	£5.00	

**\*\*\*Cash Only\*\*\***

The event will be hosted on Meet mobile

Coach packs, including Coach/Lunch Pass for Sunday (as pre-ordered), 2 x Programmes and Start List, can be collected from the Swimmers' Entrance. **Coach Passes must be worn at all times** and will be needed to gain access to poolside – **please could these be returned at the end of the event**. Any other programmes required will need to be purchased from the Spectators' Entrance.



**Team Coaches -Note that WITHDRAWALS must be notified using the swim-meet link sent to your club 50 minutes prior to start of the first event in each Session (20 minutes for session 3) otherwise a £5 penalty will be imposed.**

Coaches/Swimmers must check the entry list before the start of **every** Session.

The changing area will be clearly marked for teams' belongings, lockers are also available (which accept a £1 coin which is returned). **Please do not allow swimmers to bring large bags poolside.** Any bags/clothing/personal items left in the changing rooms and on poolside will not be the responsibility of Dereham Otters or the Leisure Centre. It should be noted that there will be other members of the public using the Leisure Centre during the weekend and they may have access to the changing area (but not the pool area).

Over-the-top starts will be in operation in all events except backstroke (unless the Referees dictate otherwise on the day).

### **Parkwood Leisure Centre Information**

On each day between each Session, spectators and swimmers will be asked to leave the spectator area and poolside so that Leisure Centre staff can clean the pool and all dry-side areas. Please could we ask for your assistance in complying with this request and **please note that it will be necessary to queue and pay to attend each Session.**

We have 150 seats in the upstairs viewing area but cannot guarantee that everyone will be able to find a seat - we would ask for your co-operation in ensuring that all seats are used for the purpose intended, to allow everyone the opportunity to view as comfortably as possible. Please also ensure that walkways and doorways are kept clear at all times.

The Leisure Centre's café is currently closed but we have arranged for a mobile caterer to provide food and drinks over the weekend, there is also a local Morrisons is within walking distance of the centre. Vending machines for drinks and snacks are also available around the Centre.

### **Medals/Results**

The Medal Table will be located upstairs (near the viewing gallery). Note that swimmers MUST be appropriately dressed outside of the pool and changing area and ensure that footwear is worn when leaving the changing area.

Results for each event will be posted at the poolside during the day, to allow swimmers to check times and collect medals, and also upstairs in the viewing area. Top Boy, Top Girl and Top Visiting Team trophies will be advised after the event and, if possible, will be presented at the end of Session 5.

Medals will be made to the top three swimmers in each of the following age groups:

9, 10, 11, 12, 13, 14, 15 & 16+ as per the programmed events (age as at 02/10/2022).

Any entries that have been accepted for times only will not be eligible for medals or trophies in these events.



Results will be published on Meet Mobile and will be emailed to clubs (not to individuals) the week after the Meet. A full set of results will be on our website. The times achieved at the Meet will be submitted to the SE Rankings for entry onto their database.

### **Dereham Otters Raffle**

Please support our raffle - tickets will be available to purchase on 28<sup>th</sup> & 29<sup>th</sup> September and the draw will take place during Session 5 of our Meet – tickets are £1 each or a book of 5 for £5. As usual, we have many quality prizes including £100.

### **Data protection**

Dereham Otters use a computer to manage entries and results. By submitting and accepting entries to the Meet, consent is thereby given, as required by the Data Protection Act 1998, to the holding of personal information on computer. Personal data handled, such as name, club, recorded and entered times, may be made public during or after the Meet.

### **House-Keeping**

The Leisure Centre staff would appreciate visitors leaving poolside and all other areas clean and tidy - please can you advise your swimmers to ensure ALL rubbish is placed in the bins and bin-bags provided. Thank you.

Dereham Otters would like to take this opportunity to thank you for your support and wish all competing a successful Meet.