



## **Iceni Level 3 Open Meet** **License N° 3ER240593**

**Under Swim England Laws & Technical Rules**

**Saturday 28<sup>th</sup> September & Sunday 29<sup>th</sup> September 2024**

**DEREHAM LEISURE CENTRE**  
**Station Road, Dereham**  
**Norfolk, NR19 1DF**

6 lane 25m Pool with Electronic Timing  
Age Groups 9, 10, 11, 12, 13, 14, 15, 16+  
(age as at 29<sup>th</sup> September 2024)  
50m, 100m, 200m all strokes, 200m IM (age restrictions apply to 100m races)  
Medals awarded to 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> places  
Trophies for Top Female, Top Open/Male and Top Visiting Club

### **For more information**

<http://www.derehamotters.org.uk>

**Closing date for entries 23<sup>rd</sup> August 2024**

Entries may be limited in the event that the Meet is oversubscribed

**Race entry fee £6.50 for all races**  
**Spectator entry £5 per session or £10 all day**  
**(children under 10 free)**

Enquiries to [fixtures@derehamotters.org.uk](mailto:fixtures@derehamotters.org.uk)



Iceni Provisional Programme 2024						
Session	Event					
<b>Day 1: Saturday 28<sup>th</sup> September 2024</b>						
<b>1</b>	101	F	100BA		Warm up:	12:30
	102	M/open	100FR		Start:	13:30
	103	F	200FR		Finish:	16:30*
	104	M/open	200FL			
	105	F	50BR			
	106	M/open	50BR			
<b>2</b>	207	M/open	50FL		Warm up:	16:45*
	208	F	50FL		Start:	17:45*
	209	M/open	200BR		Finish:	20:45*
	210	F	200BA			
	211	M/open	100BA			
	212	F	100BR			
<b>Day 2: Sunday 29<sup>th</sup> September 2024</b>						
<b>3</b>	313	M/open	200IM		Warm up:	08:00
	314	F	200IM		Start:	08:30
					Finish:	09:45*
<b>4</b>	415	M/open	100BR		Warm up:	10:00
	416	F	100FL		Start:	11:00
	417	M/open	200BA		Finish:	14:00*
	418	F	200BR			
	419	M/open	50FR			
	420	F	50FR			
<b>5</b>	521	F	50BA		Warm up:	14:15*
	522	M/open	50BA		Start:	15:15*
	523	F	200FL		Finish:	18:00*
	524	M/open	200FR			
	525	F	100FR			
	526	M/open	100FL			

\*Estimated start times – subject to change



# Iceni Level 3 Open Meet 2024

License N° 3ER240593

28<sup>th</sup> & 29<sup>th</sup> September 2024

## PROMOTER'S CONDITIONS

1. This Competition is licensed by the Swim England (SE) and will be held under SE Laws and Regulations, SE Technical Rules of Racing and to SE Open Meet Licensing Criteria.
2. In the conditions below, Dereham & District Swimming Club is referred to as DDASC. The 'club website' refers to [www.derehamotters.org.uk](http://www.derehamotters.org.uk), where any information relevant to this meet will be published. The promoter is James Tattersall. All meet correspondence should be directed to [james.tattersall@derehamotters.org.uk](mailto:james.tattersall@derehamotters.org.uk).

### 3. Entries

- 3.1 Entrants must be SE Registered Category 2 members, belong to an affiliated club and enter in the name of one club only.
- 3.2 Entries will be made using female and open/male competition categories
- 3.3 The female category is for birth sex females in accordance with Swim England's Transgender and Non-Binary Competition Policy <https://www.swimming.org/swimengland/swim-england-transgender-non-binary-competition-policy/>. By entering the 'female' category, a swimmer confirms that their birth sex is female
- 3.4 Entry times must be slower than the published short course cut-off times, and are not required to be licensed. A time taken by a competent timekeeper in a time trial or training session will be acceptable if the swimmer has not swum the event in a gala.
- 3.5 All entries of 8 or more swimmers must be made electronically. A Hy-Tek entry file will be made available at the club website. The entry file can be completed with Hy-Tek Team Manager (or the free version, which is TM Lite available as a free download from <https://hytek.active.com/downloads.html>). There will be an administration charge of £20.00 for group entries not submitted electronically.
- 3.6 Submitted entries and full payment shall reach the entry administrator not later than midnight on Saturday 23<sup>rd</sup> August 2024. Late entries or those for which payment has not been received by the closing date will be rejected. Incorrect entries may be rejected at the Promoter's discretion.
- 3.7 Payment where possible should be made by BACS. Bank details are available from the promoter on request at [fixtures@derehamotters.org.uk](mailto:fixtures@derehamotters.org.uk).
- 3.8 Submission of an electronic entry file will be regarded as full acceptance and agreement to all the Promoter's conditions.
- 3.9 Competing clubs will be notified by email of the list of accepted and rejected entries one week after the closing date. It is the responsibility of competing clubs to check this list for accuracy and advise DDASC within 7 days of any errors or omissions. A corrected list will be published at the expiry of this 7-day period, and no refunds will be given after this second list has been published.
- 3.10 The Promoter reserves the right to close entries early and/or to reject entries to ensure that the gala meets the SE Open Meet Licensing Criteria. An early closure will be announced on the club website. Rejections will start with the last club received and continue until the gala meets the criteria. The Promoter reserves the right to close entries or make rejections by event and or session.
- 3.11 Entries to this meet will be held on computer and consent, as required by The Data Protection Act 2018 requires us to provide you with certain information and to obtain your consent before processing data about you. Processing includes: obtaining, recording, holding, disclosing, destruction or retaining information. We require certain personal data for the purposes of making entries to the competition, managing the meet and the submission of results to Rankings. The information provided by you will be processed in accordance with the Data Protection Act 2018. Consent to process such personal data is



deemed to have been given by the submission of the entry. Where the personal data of competitors, officials and coaches/team managers has been passed to us by a third party such as a club rather than by the individuals themselves, we rely on the third party to ensure that consent has been obtained

#### 4. Fees

- 4.1 Entry fees are £6.50 per event
- 4.2 Coach passes £10.00 per day or £20.00 including lunch (Sunday only)
- 4.3 Spectator fees are £5.00 per session or £10.00 all day. Children under 10 years of age are free
- 4.4 Online Programme

#### 5. Access to poolside

- 5.1 No club officials or swimmers will be allowed poolside more than 30 minutes before the commencement of the first warm up session of each day.
- 5.2 Access to poolside and changing area is restricted to competitors for the session, club officials with coach passes, technical officials and appointed volunteers.
- 5.3 No additional equipment such as chairs or treatment tables may be brought onto poolside.
- 5.4 All club officials planning to be on poolside must apply for a coach's pass for each day of the meet. Passes will not be available on the day of the meet, and must be requested when submitting the entry form.
- 5.5 It is the responsibility of the club to ensure that the named club officials have been DBS checked.
- 5.6 Passes may only be used by the club officials named. All named persons must be SE members.
- 5.7 Swimmers aged 16 years and under must be under the supervision of a pass holder during the warm up, during competition and in the vicinity of the pool.
- 5.8 Passes must be worn in a prominent place whilst poolside. Club officials without passes on display may be asked to leave and may be refused readmission.
- 5.9 Swimmers must wear suitable clothing and footwear poolside. Swimmers not wearing tops or footwear or wearing wet clothing will not be allowed dry side or in the spectator viewing area.

#### 6. Warm up

- 6.1 Warm up will start one hour before the session start time.
- 6.2 Warm up marshals will control the warm up sessions and their instructions must be adhered to at all times.
- 6.3 All swimmers must follow the announced and posted warm up procedures made available on the day of the meet.

#### 7. Age Groups

- 7.1 The age groups for both female and open/male in each event will be 9, 10, 11, 12, 13, 14, 15, and 16 and over.
- 7.2 Competitors' ages shall be as at 29<sup>th</sup> September 2024

#### 8. Awards

- 8.1 Results will be declared by age group from the heats (heat declared winners). There will be no individual age group finals.
- 8.2 The first three swimmers in each age group for all events shall each receive medals
- 8.3 Top open/male and top female awards will be presented to the swimmer with the most points across individual events. Points will be calculated on the basis of 1<sup>st</sup>=6pts, 2<sup>nd</sup>=5pts, 3<sup>rd</sup>=4pts, 4<sup>th</sup>=3pts, 5<sup>th</sup>=2pts and 6<sup>th</sup>=1pt
- 8.4 A trophy will be awarded to the club that finishes top of the combined points table for all events during the meet. If two or more clubs register the same number of points, the tied club with the higher number of gold medals will be deemed the winner. In the event of a tie for points and gold medals, the tied club with the higher number of silver medals will be deemed the winner. In the event of a tie for points, gold and silver medals, the tied club with the higher number of bronze medals will be deemed the winner. In the event of clubs registering equal numbers of points, gold, silver and bronze medals, the award shall be shared.



## 9. Events

**9.1** Swimmer declaration forms must be completed at the start of each session and submitted to the recorder at least 30 minutes before the end of each warm up session. Club officials must not declare swimmers who are not present.

**9.2** Swimmers must report to the clerk of the course in the marshalling area one event prior to their own. Any swimmer not reporting in time may be excluded from the event and identified from the results as 'DNC'.

**9.3** The pool length is 25 metres, with 6 lanes, anti-wave ropes will be in place and automatic officiating equipment will be used. A secondary strobe for the starting system is available. The depth of the pool is 1.2m at the shallow end and 1.8m at the deep end.

**9.4** It is the responsibility of the competitors and club officials to ensure that the diving blocks are only used if the swimmers are competent to a least the standard of the SE Competitive Start Award.

**9.5** Starts from the water are permitted but swimmers must notify the Referee of their intention (other than for backstroke).

**9.6** Swimmers are required to remain in their designated lane after the race finishes until instructed to leave the pool by the Referee or authorised official. Swimmers must leave the pool by the sides, so as not to interfere with the timing equipment.

**9.7** Once an entry is accepted a competitor shall swim or give notice of withdrawal. Notice of any withdrawals shall be reported by a club official to the recorder using the swimmer declaration form. This must be at the start of each session at least 30 minutes before the end of the warm up.

**9.8** Withdrawals after the deadline may only be made on medical grounds.

**9.9** Where a withdrawal has been made after the deadline on medical grounds the swimmer may not compete for the rest of the day.

**9.10** Any swimmer not present when required to swim will be identified from the results as 'DNC'.

## 10. Photography

**10.1** Anyone attending the gala wishing to use camera, video or digital image-capturing devices (including mobile phones and tablet devices) may do so without the need to register their details with the meet organiser.

**10.2** Participants and spectators are requested to follow the SE guidelines for photography and use of photographs on social media. The SE Child Safeguarding Policy and Procedures, Wavepower 2020-23 Section 2.4 provides guidance on the use of social networking (page 92-95) and guidance on photography (page 86-89). <https://www.swimming.org/swimengland/wavepower-child-safeguarding-for-clubs/> Both sets of guidance apply if social media platforms are being used to share images or recordings either after the meet or during live streaming of the event.

**10.3** No photography is permitted in changing rooms.

## 13. General conditions

**13.1** Neither the Promoter nor DDASC will be responsible for any loss or damage occurring during this meet.

**13.2** The safety of swimmers, officials, spectators and others is paramount at all times. Everyone attending this Meet must familiarise themselves with the location of the emergency exits, which must be kept clear at all times. Everyone is asked to observe all normal precautions in the pool area and when moving around, and to listen to the safety announcements prior to the start of each session.

**13.3** The viewing gallery must be cleared of people and personal belongings between sessions to comply with H&S regulations and to allow cleaning to take place.

**13.4** The Promoter and pool management reserve the right to refuse admission to any person whose behaviour is considered unsafe to themselves or to others, or is against the pool rules, these conditions, or the efficient running of the Meet.

**13.5** Any matter not covered by these conditions will be determined by the Promoter and Referee, subject to SE Laws, Regulations and the SE Technical Rules of Racing



Iceni Open 2024: Entry times must be slower than the times listed below (SC)											
	Session	Event	Gender	9	10	11	12	13	14	15	16+
50FR	4	19	Open/M	00:34.00	00:32.00	00:30.00	00:28.50	00:26.29	00:25.50	00:25.00	00:23.80
100FR	1	2	Open/M		01:08.10	01:06.10	01:04.20	00:59.00	00:57.69	00:55.40	00:53.10
200FR	5	24	Open/M	02:50.30	02:32.50	02:24.60	02:18.50	02:10.50	02:05.00	02:02.00	01:59.00
50BA	5	22	Open/M	00:36.50	00:35.60	00:34.20	00:32.60	00:30.80	00:29.20	00:28.20	00:26.80
100BA	2	11	Open/M		01:14.80	01:14.80	01:11.20	01:07.80	01:05.73	01:00.20	00:58.80
200BA	4	17	Open/M	02:48.80	02:48.20	02:40.30	02:31.40	02:22.79	02:18.80	02:14.30	02:12.40
50BR	1	6	Open/M	00:42.30	00:42.10	00:40.50	00:37.30	00:35.40	00:33.20	00:31.20	00:30.80
100BR	4	15	Open/M		01:29.50	01:27.50	01:22.90	01:18.30	01:12.80	01:09.60	01:07.50
200BR	2	9	Open/M	03:18.90	03:16.80	03:05.50	02:54.10	02:42.50	02:34.30	02:30.60	02:27.40
50FL	2	7	Open/M	00:35.10	00:35.10	00:34.60	00:32.40	00:28.20	00:27.60	00:26.50	00:25.10
100FL	5	26	Open/M		01:20.00	01:18.00	01:11.50	01:07.00	01:02.98	01:00.50	00:58.60
200FL	1	4	Open/M	03:20.90	03:07.90	03:00.30	02:45.10	02:30.00	02:20.50	02:11.90	02:08.90
200IM	3	13	Open/M	03:00.80	02:48.80	02:44.10	02:36.90	02:29.60	02:23.30	02:20.00	02:10.19
50FR	4	20	F	00:32.50	00:32.50	00:31.05	00:29.20	00:28.40	00:27.20	00:26.30	00:25.80
100FR	5	25	F		01:10.70	01:07.70	01:05.10	01:03.40	01:00.90	00:59.80	00:58.30
200FR	1	3	F	02:52.60	02:39.80	02:25.30	02:20.40	02:16.20	02:14.30	02:13.70	02:09.50
50BA	5	21	F	00:38.60	00:37.40	00:35.80	00:33.00	00:31.70	00:29.80	00:29.50	00:29.00
100BA	1	1	F		01:20.80	01:16.80	01:14.00	01:10.20	01:08.90	01:07.00	01:05.20
200BA	2	10	F	02:50.10	02:48.00	02:42.20	02:40.10	02:36.30	02:30.70	02:25.90	02:21.50
50BR	1	5	F	00:45.25	00:42.20	00:40.00	00:38.20	00:36.80	00:35.70	00:34.10	00:33.80
100BR	2	12	F		01:27.90	01:27.90	01:25.60	01:21.50	01:18.90	01:16.40	01:14.80
200BR	4	18	F	03:25.50	03:18.60	03:10.90	03:04.70	02:58.40	02:51.30	02:47.20	02:40.30
50FL	2	8	F	00:37.50	00:37.50	00:34.80	00:33.20	00:31.60	00:30.80	00:29.40	00:28.60
100FL	4	16	F		01:25.00	01:21.00	01:17.60	01:14.50	01:09.00	01:06.80	01:05.90
200FL	5	23	F	03:20.90	03:16.90	03:02.80	02:50.10	02:38.70	02:30.50	02:26.80	02:23.90
200IM	3	14	F	03:00.20	02:46.80	02:41.10	02:39.80	02:34.30	02:30.10	02:27.90	02:25.70



INDIVIDUAL ENTRY FORM			
FORENAME:		SURNAME:	
CLUB:		AGE (as at 29/09/2024)	
DATE OF BIRTH:		OPEN/MALE	FEMALE
EMAIL ADDRESS:			
TELEPHONE NO:			
SE REGISTRATION NO			
FEMALE	ENTRY TIME	OPEN/MALE	ENTRY TIME
50M FREESTYLE		50M FREESTYLE	
100M FREESTYLE		100M FREESTYLE	
200M FREESTYLE		200M FREESTYLE	
50M BACKSTROKE		50M BACKSTROKE	
100M BACKSTROKE		100M BACKSTROKE	
200M BACKSTROKE		200M BACKSTROKE	
50M BREASTSTROKE		50M BREASTSTROKE	
100M BREASTSTROKE		100M BREASTSTROKE	
200M BREASTSTROKE		200M BREASTSTROKE	
50M BUTTERFLY		50M BUTTERFLY	
100M BUTTERFLY		100M BUTTERFLY	
200M BUTTERFLY		200M BUTTERFLY	
200M IM		200M IM	
TOTAL NUMBER OF EVENTS AT £6.50 EACH		TOTAL DUE £	

I declare that I am an eligible competitor as defined by SE law and that I have reached the standard of the SE competitive start award.

I agree to abide by the promoters conditions for this gala.

Signature competitor

Club Official

Please email a copy of this form to [fixtures@derehamotters.org.uk](mailto:fixtures@derehamotters.org.uk)



## Club Summary Entry Form

Please return a scanned copy of this form and the club electronic entry file to  
[fixtures@derehamotters.org.uk](mailto:fixtures@derehamotters.org.uk) by

The closing date (midnight on 23<sup>rd</sup> August 2024)

<b>Club Name:</b>			
<b>Contact Name:</b>			
<b>Postal Address:</b>			
<b>Email Address:</b>			
<b>Telephone No:</b>			
<b>Entry Details:</b>			
		<b>Number</b>	<b>Cost</b>
Swimmers	@ £6.50 per event		£
Coach Pass	@ £10.00 Saturday		£
No Food	@ £10.00 Sunday		£
Coach Pass With Food	@ £20.00 Sunday		£
		<b>TOTAL</b>	£

Payment preferred by BACS to sort code **20-28-20** account number **60321346** reference **Club Name**  
or by cheque made payable to **DDASC**





## Officials Request Form

If you are registered with the SE and are available to help at this meet we would very much appreciate your support. Please complete the form below and **return with your club entry** or email to: [fixtures@derehamotters.org.uk](mailto:fixtures@derehamotters.org.uk) by 23<sup>rd</sup> August 2024

Officials can also register through Swim-meet by following the link:

<https://www.swim-meet.com/Availability/?m=3028>

Please tick below for sessions you are available:

Session 1 Saturday	Session 2 Saturday	Session 3 Sunday	Session 4 Sunday	Session 5 Sunday

<b>FULL NAME</b>	
<b>QUALIFICATION</b>	
<b>SE Membership No.</b>	
<b>TELEPHONE No.</b>	
<b>EMAIL ADDRESS</b>	
<b>CLUB</b>	
<b>MENTOR REQUESTS</b>	If you require mentoring at any session please give details below of the tasks you require mentoring for:

**Many thanks for your support. We will be providing refreshments on Saturday afternoon and lunch will be provided on Sunday for those officiating at Sessions 4 and 5**